



# THRIVE ONWARD

## Sex, Intimacy & Cancer Care

### What is THRIVE ONWARD?

Studies show incidence of sexual dysfunction in cancer survivors ranges from 30% – 100%.<sup>\*</sup> Too many cancer survivors suffer with sexual dysfunction because they are not aware of available solutions. THRIVE ONWARD is an Oncosexological Fusion Program to help cancer survivors live their lives to the fullest.

\* Desimone M, Spriggs E, Gass JS et al. Sexual dysfunction in female cancer survivors. Am J Clin Oncol 2012. Anne Katz PhD, RN Sexuality After Cancer: A Model for Male Survivors. J Sex Med 2016; 13:70 -78



### Is THRIVE ONWARD For Me?

Sexual functions undergo multifactorial changes and are complicated by issues beyond cancer & its treatment, further necessitating specialized care. THRIVE ONWARD is designed to support people who are concerned with maintaining a healthy & thriving sexual life.



### THRIVE ONWARD Demographic

WOMEN suffering and/or recovering from Breast Cancer, Ovarian Cancer, and Uterine Cancer. Up to 77% of BC survivors report sexual dysfunction.<sup>1</sup>

MEN suffering and/or recovering from Prostate Cancer. Early evaluation of ED post prostate surgery is optimal. Untreated dysfunction may lead to permanent problems. Up to 90% of prostate cancer survivors will experience ED.<sup>2</sup>



1 Boswell EN, Dizon DS. Breast cancer and sexual function. Transl Androl Urol. 2015 Apr;4(2):160-8. doi: 10.3978/j.issn.2223-4683.2014.12.04. PMID: 26816822; PMCID: PMC4708123.  
2 National Comprehensive Cancer Network. NCCN Clinical Practice Guidelines in Oncology. Survivorship. Version 1.2016. For Washington, PA: NCCN; 2016.







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### What THRIVE ONWARD Offers

THRIVE ONWARD will:

- Discuss sexual side effects of cancer & treatment including biological, psychosocial and relational effects.
- Review normal sexual response cycles, effects of menopause and aging.



- Define couples' sexual health as a combination of both emotional & physical connection, not only performance-driven.
- Offer multidisciplinary recommendations for providing evidence-based customized cancer-related sexual health care.
- Use the oncosexological algorithm, to address people's pre-existing personal factors.



### What Patients Can Expect

First Cancer, Now This: THRIVE ONWARD Hopes to Improve Cancer Survivorship & Sexual Health

For people diagnosed with cancer, survivorship starts at the time of diagnosis. With THRIVE ONWARD, cancer patients have resources for all aspects of their sexual health.

