

Food Resources - King County

Food Lifeline	Auburn Food Bank	Des Moines Area Food Bank
https://foodlifeline.org/need-	253-833-8925	206-878-2660
food/	930 18 th Place NE, Auburn 98002	22225 Ninth Avenue South, Des
	https://www.theauburnfoodbank.org/the-	Moines
	auburn-food-bank	Monday, Wednesday, Friday 9:00 -
	Monday - Tuesday 9am – 1pm	11:45 a.m.
	Thursday - Fridays 9am – 1pm	3rd Tuesday 6:00 – 8:00 p.m.
		Coverage area is Sea-Tac, Ukwila, King
		County, Des Moines, and West Hill of
		Kent
Enumcaw Kiwanis Food Bank	Algona/Pacific Food Pantry	Federal Way Food Bank
360-825-6188	253-351-0450	253-838-6810
1350 Cole St, Enumclaw 98022	603 Third Ave SW, Pacific 98047	1200 S 336 ^{th,} Federal Way 98003
Monday, Tuesday & Wednesday,	Tuesday 11:00 a.m. to 2:00 p.m.	South King County residents can get
9:00 – 11:45 am		free food and possible energy bill
		assistance.
Maple Valley Food Bank	Convington Storehouse	
425-432-8139	253-631-3038	
21415 Renton Maple Valley Rd SE,	https://covingtonstorehouse.org/	
Maple Valley, WA 98308	26201 180 th Ave SE, Convington 98042	
Tuesdays 10:30am-6:00pm	(Pulldown the left side behind Real Life	
Wednesdays 10:30am-1:00pm	Church)	
	Monday 4-6; Fridays 10-12; Saturday 9-	2-1-1 United Way Resources
	11am	2 1-1 Office way resources

Meal Delivery

Meals on Wheels - Sound	The Ethnic Home-Delivered Meals	Chicken Soup Brigade
Generation	Program – Korean Women's Association	206-957-1686
206-448-5767	253-753-3168 or 253-538-8362	https://www.lifelong.org/meals
https://soundgenerations.org/our-	Eligibility: 60 years of age or older,	Eligibility: Live in King, Island, or
programs/food-security/meals-on-wheels/ Eligibility: King County residents aged 60+. For under 60 there is a \$8.50 cost. Complete application	homebound/unable to drive, not be living with a caregiver that drives, not have a paid caregiver authorized to cook	Snohomish Counties and be low-income
Mom's Meals	Grocery Delivery	Instacart, Doordash
1-888-726-4677	Safeway, Albertson, Fred Meyers, QFC,	Phone apps you can download.
Meals delivered by FedEx	etc. may offer grocery delivery to your	Additional cost, with delivery and tip.
https://www.momsmeals.com/	home. Delivery cost.	