



NWMS NORTHWEST MEDICAL SPECIALTIES, PLLC

Food Resources - Pierce County

<p>Nourish Pierce County 253-383-3164 https://nourishpc.org/need-food/ Lots of locations throughout Pierce Co.</p>	<p>Pierce County Food Directory https://www.piercecountywa.gov/454/Food-Banks Updated by Pierce County</p>	<p>Tacoma Adventist Community Services 253-272-8289 3108 E. Portland Ave Tacoma. 98404 Monday – Thursday 10 - 2</p>
<p>Buckley Kiwanis Food Bank 253-266-7309 127 N. River Ave Buckley, 98321 No appt needed, ID req.</p>	<p>Fife / Edgewood / Milton Food Bank 253-922-0960 2303 54th Ave. E. Fife 98424 Appointments between 12:30 and 2 p.m.; If new, picture ID and proof of local residency needed</p>	<p>Gig Harbor FISH 253-858-6179 4425 Burnham Dr., GH 98332 Serves Gig Harbor/Key Peninsula residents only. Picture ID and proof of residence necessary. Also provides household items and clothing</p>
<p>Harvest House Food Bank 360-893-4203 25713 70th Ave, E. Graham 98338 Saturday: 9:30 am – Noon Anyone is welcome to receive food once a week. Check-in is located in the main auditorium building.</p>	<p>Lakewood - Prince of Peace 253-584-2565 10333 Bridgeport Way SW Lakewood, WA 98499 Tues: 12 noon - 3 pm Need proof of address and proof of HH members (IDs, report cards, etc.)</p>	<p>Puyallup - All Saints Delivery Food Bank 253-848-2000 204 6th Ave., SW, 98371 Monday - Thur: 10 am -12 noon; 1-3 pm Call or visit the office to enroll in our food bank delivery program; Must reside in Puyallup area (zip codes 98371-4)</p>

Meal Delivery

<p>Meals on Wheels – Catholic Community Services 253-474-1300 Eligibility: 60 years of age or older, homebound/unable to drive, not be living with a caregiver that drives, not have a paid caregiver authorized to cook</p>	<p>Meals on Wheels - Lutheran Community Services Northwest 253-722-5684 https://lcsnw.org/program/meals-on-wheels/ Eligibility: Unable to shop for or prepare meals – No age requirement</p>	<p>The Ethnic Home-Delivered Meals Program – Korean Women’s Association 253-753-3168 or 253-538-8362 Eligibility: 60 years of age or older, homebound/unable to drive, not be living with a caregiver that drives, not have a paid caregiver authorized to cook</p>
<p>Mom’s Meals 1-888-726-4677 Meals delivered by FedEx https://www.momsmeals.com/</p>	<p>Grocery Delivery Safeway, Albertson, Fred Meyers, QFC, etc. may offer grocery delivery to your home. Delivery cost.</p>	<p>Instacart, Doordash Phone apps you can download. Additional cost, with delivery and tip.</p>