



# NWMS NORTHWEST MEDICAL SPECIALTIES, PLLC

## Transportation Resources - Thurston County

<p><b>Senior Services for South Sound</b>  <a href="https://www.southsoundseniors.org/supportive-services/transportation">https://www.southsoundseniors.org/supportive-services/transportation</a></p> <p>Transportation services to and from essential appointments - available to anyone over the age of 60 living in Thurston or Mason county who are not served by Dial-a-Lift, Intercity Transit, or Mason Transit. Rides are available Monday – Friday from 8:00 am – 5:00 pm, excluding holidays. To schedule a ride, email <a href="mailto:transportation@southsoundseniors.org">transportation@southsoundseniors.org</a> or call 360-586-6181 ext. 128</p>	<p><b>Dial-A-Lift</b>  <a href="https://www.intercitytransit.com/services/dial-lift">https://www.intercitytransit.com/services/dial-lift</a></p> <p>Dial-A-Lift is available for individuals with disabilities who are unable to ride Intercity Transit’s city bus service. This is a shared ride, door-to-door service          Note: requires reservations 1 week in advance, check to confirm location eligibility</p> <p>Must complete an application and be approved to ride – link for application is  <a href="https://www.intercitytransit.com/sites/default/files/2023-08/DAL-Application.pdf">https://www.intercitytransit.com/sites/default/files/2023-08/DAL-Application.pdf</a></p>	<p><b>Southwest Volunteer Transportation</b>  <a href="https://ccsww.org/get-help/services-for-seniors-people-with-disabilities/southwest-volunteer-transportation/">https://ccsww.org/get-help/services-for-seniors-people-with-disabilities/southwest-volunteer-transportation/</a></p> <p>Provides low-income elders and disabled adults with transportation to medical appointments, the grocery store, and other essential errands.</p> <p>For Intake/Client Services &amp; All Transportation, Call (844) 851-9380.</p>
<p><b>American Cancer Society Road to Recovery</b>  <a href="https://www.cancer.org/support-programs-and-services/road-to-recovery.html">https://www.cancer.org/support-programs-and-services/road-to-recovery.html</a></p> <p>Currently in the process of reopening services, the Road to Recovery program provides rides to and from cancer appointments. Call 1-800-227-2345 to schedule.</p>	<p><b>Kaiser Permanente Medicare Transport</b>  <a href="https://homecare-scal.kaiserpermanente.org/transportation-services/">https://homecare-scal.kaiserpermanente.org/transportation-services/</a></p> <p>Transportation available for Kaiser Medicare patients. To schedule, call 1-833-226-6760 for non-emergency medical transportation and 1-844-299-6230 for non medical transportation.</p>	<p><b>Paratransit Medicaid Transportation</b>  <a href="https://www.paratransit.net/nemtbrokenage">https://www.paratransit.net/nemtbrokenage</a></p> <p>Ride service that provides transportation to and from doctor appointments - Only available to Medicaid patients. Call 800-846-5438 to schedule rides, call center available 8-5 Monday through Friday. If hearing impaired, use number TTY 800-934-5438.</p>
<p><b>Around the Sound</b>  <a href="https://www.cognitofirms.com/AroundTheSound1/AroundTheSoundRiderRequest">https://www.cognitofirms.com/AroundTheSound1/AroundTheSoundRiderRequest</a></p> <p>Private transportation service which provides accessible rides. Trips may be covered by Medicaid or private insurance plans.</p>		

If you need more specific assistance, please let your team at NWMS know and they will connect you with the appropriate support staff.



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