



Food Resources- Thurston County

Thurston County Food Bank (Lacey) 360-352-8597 7027 Martin Way E, Olympia Tuesday & Thursday 10-2PM	Thurston County Food Bank (Olympia) 360-352-8597 220 Thurston Ave NE, Olympia Monday, Wednesday, and Friday: 10:30 am – 3:00 pm	Thurston County Food Bank – all locations For more information on the Thurston County food banks and satellite locations, go to  Thurston County Food Bank
CIELO - Lutheran Church of the Good Shepherd Please call 360-709-0931 to register.  CIELO 1601 North St SE, Olympia Serves Spanish speakers. 4 th Friday 12:00 – 2:00 PM	CIELO Shelton - Faith Lutheran Church Please call 360-709-0931 to register. 1212 Connection St., Shelton Serves Spanish speakers. 2 nd Friday 12:00 – 2:00 PM	Heritage House Food Bank 360-264-2740 Heritage Baptist Church of Tenino 1315 Sussex Ave E, Tenino Saturday 2:00 – 5:00 pm Please bring ID, a piece of mail showing your local address, and household members birthdates on your first visit.
Littlerock United Methodist Church 360-943-4720 6336 SW 128 th Ave, Littlerock Last Tuesday of the month 9:30 AM – 12:00 PM **Call ahead to reserve.	Tumwater Old Town Center 215 N 2 nd Ave SW, Tumwater 2 nd Friday 11:00 – 12:00 pm Contact Todd Anderson at (360) 754-4164 for further information and for intake form.	Valley Heart Assembly of God 360-446-2139 11318 Vail Cut off Rd SE, Rainier Wed, Sat: 9:30 AM - 12:00 PM

Meal/Grocery Delivery

Meals on Wheels – Senior Services 360-586-6181 ext 124	Thurston Food Bank – Grocery Delivery	Mom's Meals 1-888-726-4677
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NWMS NORTHWEST MEDICAL SPECIALTIES, PLLC

 Thurston and Mason. Eligibility: 60 or older, no longer be able to cook or lack someone to cook, be homebound - no longer able to drive or take public transportation without assistance. If you don't meet eligibility, meals cost \$9.50-subject to change.	For information on delivery, email satellite@thurstoncountyfoodbank.org (preferred) or call 360-352-8597 Must be 60+, meet income guidelines Within 130% of FPL (verified annually)	Meals delivered by FedEx Moms Meals 
Food Lifeline https://foodlifeline.org/find-food  Map of food banks and other resources all over western Washington.	Grocery Delivery Safeway, Albertson, Fred Meyers, QFC, etc. may offer grocery delivery to your home. Delivery cost.	Instacart, Doordash Phone apps you can download. Additional cost, with delivery and tip.

2-1-1 United Way Resources

This confidential 24/7 call center connects people with locally available help.