



Food Resources- King County

Food Lifeline Map of food banks and other resources all over western Washington. Website: https://foodlifeline.org/find-food 	Auburn Food Bank 2804 Auburn Way, North Auburn Mon, Tues, Th, Fri: 9 AM – 1 PM, 2nd Wed: 4:30 – 6:15 PM Phone: (253) 833-8925 Website: https://www.theauburnfoodbank.org/ 	Des Moines Area Food Bank 22225 9th Avenue South, Des Moines Mon, Wed, Fri: 9:00 -11:45 AM 3rd Tuesday 6:00 – 8:00PM Phone: (206) 878-2660
Plateau Outreach Ministries 1720 1/2 Wells Street, Enumclaw Mon: 12 – 3 PM, Tuesday & Wednesday, 9:00 – 12: PM. Emergency food available M-F, 9 to 3 and Sat 10 – 2 PM Phone: (360) 825-8961	White Center Food Bank 10016 16th Ave SW, Seattle, WA, 98146 Visits by appointment only Phone: (206) 762-2848 Website: https://www.whitecenterfoodbank.org/serve-hours 	Multi Service Center, Federal Way 1200 S 336th, Federal Way 98003 Monday, Wednesday, Friday – 10 AM- 2 PM Phone: (253) 838-6810 Website: https://mschelps.org/ 
Maple Valley Food Bank 21415 Renton Maple Valley Rd SE, Maple Valley, WA 98308 Tuesdays 10:30 AM – 6 PM Wednesdays 10:30 AM -1 PM or by appointment Phone: (425) 432-8633	Covington Storehouse 26201 180th Ave SE, Covington 98042 Monday 4-6; Fridays 10-12; Saturday 9-11am Phone: (253) 631-3038 Website: https://covingtonstorehouse.org/ 	Kent Food Bank 515 W Harrison St. Suite 107, Kent WA 98032 Please bring your own bags and/or boxes to carry your groceries! Phone: (253) 520-3550



Meal Delivery

Meals on Wheels - Sound Generation Eligibility: King County residents aged 60+. For under 60 there is a \$8.50 cost. Phone: (206) 448-5767 Website: https://soundgenerations.org/our-programs/food-security/meals-on-wheels/ 	The Ethnic Home-Delivered Meals Program – Korean Women’s Association Eligibility: 60 years of age or older, homebound/unable to drive, not be living with a caregiver that drives, not have a paid caregiver authorized to cook Phone: (253) 753-3168 or (253) 538-8362	Lifelong/Chicken Soup Brigade Eligibility: Live in King, Island, or Snohomish Counties and be low-income. Provides meals as well as other nutritional support services. Phone: (206) 957-1686 Website: https://www.lifelong.org/meals 
Mom’s Meals Meals delivered by FedEx Phone: (888) 726-4677 Website: https://www.momsmeals.com/ 	United Way of King County Home Delivery Program Partnership between Door dash and United Way Website: https://www.uwkc.org/need-help/food-resources/#foodDelivery 	Grocery Delivery Safeway, Albertson, Fred Meyers, QFC, etc. may offer grocery delivery to your home. Delivery costs.

2-1-1 United Way Resources Connects you to a specialist who can provide information and referrals for assistance with needs. Website: https://wa211.org/ 

