



Food Resources- Thurston County

Thurston County Food Bank (Lacey) 7027 Martin Way E, Olympia Tuesday & Thursday 10-2PM Phone: (360) 352-8597 Website: https://tcfb.org/ 	Thurston County Food Bank (Olympia) 220 Thurston Ave NE, Olympia Monday, Wednesday, and Friday: 10:30 am – 3:00 pm Phone: (360) 352-8597 Website: https://tcfb.org/ 	CIELO Shelton - Faith Lutheran Church 1212 Connection St., Shelton Serves Spanish speakers. 2 nd Friday 12:00 – 2:00 PM Phone: (360) 709-0931
CIELO - Lutheran Church of the Good Shepherd 1601 North St SE, Olympia 4 th Friday 12:00 – 2:00 PM Phone: (360) 709-0931 Website: https://www.cieloprograms.org/food-banks-bancos-de-comida 	Heritage House Food Bank 1315 Sussex Ave E, Tenino Saturday 2:00 – 5:00 pm Phone: (360) 264-2740 Website: https://www.harvesthousenw.org/ 	Yelm Community Services The food bank is open Thursdays from 9:30 am to 12:15 pm. Phone: (360) 458-7000 Website: http://yelmcommunityservices.com/social-services/ 
Valley Heart Assembly of God 11318 Vail Cut off Rd SE, Rainier Wed, Sat: 9:30 AM - 12:00 PM Phone: (360) 446-2139	The PEACE Center Charity resource center. 4443 Martin Way E, Olympia, WA 98516 Phone: (360) 456-1140	Littlerock United Methodist Church 6336 SW 128 th Ave, Littlerock Last Tuesday of the month 9:30 AM – 12:00 PM Phone: (360) 943-4720



Meal/Grocery Delivery

Meals on Wheels – Catholic Community Services Eligibility: 60 years of age or older, homebound/unable to drive, not be living with a caregiver that drives, not have a paid caregiver authorized to cook. Phone: (888) 976-0712 to get set up	Thurston Food Bank – Grocery Delivery For information on delivery, email satellite@thurstoncountyfoodbank.org (preferred) or call 360-352-8597 Must be 60+, meet income guidelines Within 130% of FPL (verified annually)	Mom's Meals Meals delivered by FedEx Phone: (888) 726-4677 Website: https://www.momsmeals.com/ 
Food Lifeline Map of food banks and other resources all over western Washington. Website: https://foodlifeline.org/find-food 	Grocery Delivery Safeway, Albertson, Fred Meyers, QFC, etc. may offer grocery delivery to your home. Delivery cost.	Instacart, Doordash Phone apps you can download. Additional cost, with delivery and tip.

2-1-1 United Way Resources

Connects you to a specialist who can provide information and referrals for assistance with needs.

Website:
<https://wa211.org/>

