



Transportation Resources- Thurston County

Senior Services for South Sound Available to anyone over the age of 60 living in Thurston or Mason County. Phone: (360) 586-6181 ext. 128 Email: transportation@southsoundseniors.org Website: https://www.southsoundseniors.org/supportive-services/transportation 	Dial-A-Lift For individuals with disabilities who are unable to ride Intercity Transit's city bus service. Requires reservations for 1 week in advance. Must complete an application and be approved to ride: Phone: (360) 786-1881 Website: https://www.intercitytransit.com/sites/default/files/2023-08/DAL-Application.pdf 	Southwest Volunteer Transportation Provides low-income elders and disabled adults with transportation to medical appointments, the grocery store, and other essential errands. Phone: (844) 851-9380 Website: https://ccsww.org/services/southwest-volunteer-transportation/ 
American Cancer Society Road to Recovery The Road to Recovery program provides rides to and from cancer appointments. Phone: (800) 227-2345 Website: https://www.cancer.org/support-programs-and-services/road-to-recovery.html 	Kaiser Permanente Transport Transportation is available for some Kaiser Medicare patients, depending on the plan. Phone: Please call the number on your insurance card to check coverage. Website: https://healthy.kaiserpermanente.org/health-wellness/health-encyclopedia/he.getting-help-with-transportation.acq5013 	Paratransit Medicaid Transportation Ride service that provides transportation to and from doctor appointments - Only available to Medicaid patients. Phone: (800) 925-5438 Website: https://www.wanemt.com/ 

If you need more specific assistance, please let your team at NWMS know and they will connect you with the appropriate support staff.



Around the Sound

Private transportation service which provides accessible rides.

Website:

<https://www.cognitoforms.com/AroundTheSound1/AroundTheSoundRiderRequest>



Go Go Grandparents

No smartphone needed, 24/7 customer service and operators, On-demand rides that arrive in 15 minutes or less!

Phone: (855) 955-2318 Ext 77647

Website:

[Go Go Grandparents Website](#)



ruralTRANSIT

This service helps connect the community from Rainier to Rochester, and everywhere in between.

Phone: (360) 956-7575

Website:

<https://www.trpc.org/325/Rural-Transit>



2-1-1

Dialing 2-1-1 connects you to a specialist who can provide information and referrals for assistance with needs like housing, food, utilities, mental and physical health, and employment. It's available 24/7 in multiple languages and can be reached via phone, text, or online search.

Website:

<https://wa211.org/>

